

Children and Young People's Partnership

A meeting of Children and Young People's Partnership was held on Wednesday, 20th February, 2019.

Present: Martin Gray (Chair), Bev Bearne, Sara Dalton, Simon White, Lynne Brown (substitute for Chris Davis), Karen Grundy, Nick Greaves (Substitute for Emma Champley), Katie Needahm, Rhona Bollands, Jo Heaney, Victoria Whitfield, Stephanie el Malak

Officers: Michael Henderson, Katie Slack, James O'Donnell

Also in attendance: Kathleen Bullock, Amanda Smith (HDFT)

Apologies: Julia Armstrong, Chris Davis, Emma Champley, Ann McCoy

CHP 19/18 **Declarations of Interest**

There were no declarations of interest.

CHP 20/18 **Minutes of the meeting held on 16th January 2019**

The minutes of the meeting held on 16 January 2019 were confirmed as a correct record.

CHP 21/18 **JSNA**

Mental Health Housing

Members considered presentations and JSNA templates relating to Mental Health and Housing

Mental Health key points and discussion:

- a whole systems approach was needed in order to :
 - promote a family centered approach to improving the promotion of emotional wellbeing, across the life course.
 - prevent the development of depression.
 - address the needs of individuals with serious mental health needs.
 - provide a clear pathway for people with a dual diagnosis

Members noted the strategic issues identified and the areas of work that, it was considered, needed to be undertaken. It was agreed that work should align with other work connected to Children and Young People's mental health, such as Future in Mind.

- it was noted that schools were funding some mental health support. It was

accepted that there was a need to look at the whole system and consider joint commissioning opportunities.

Housing Key points and issues:

- there had been an increase in the number of Stockton on Tees residents who were homeless or at risk of homelessness. Members were signposted to a recent Council Scrutiny review on this matter.
- there was a shortage of appropriate, good quality and affordable housing and a mis-match of available housing stock exacerbated the need to provide a range of options to meet the needs of a range of our most vulnerable residents.
- The private rented sector continued to grow. 7% of accommodation, in the private rented sector, in Stockton-on-Tees, was recorded as having “poor” housing conditions. This created a need to ensure that safe and well managed accommodation was available. However, it was estimated that one in three homes in the private rented sector are not a decent standard.
- poor housing represented a significant risk to the health of people living in those houses.

RESOLVED that the discussion be noted and the JSNAs for Mental Health and Housing be approved, for publication.

**CHP
22/18** **Health Weight Service Update**

The Partnership considered a presentation, provided by Harrogate and District NHS Foundation Trust, relating to the Growing Well, Growing Healthy Service, available in the Borough.

Members noted the context the service operated in, the principles that guided it and the structure of the team that helped deliver it.

The core elements of the service were:

Prevention – Infant feeding, partnership working, supporting cultural change across communities.

Children, Young People and Families Weight Management Service – National Child Measurement Programme (NCMP), proactive calls, holistic Health Needs Assessment, analysis and care planning, with partnership working to support complex needs.

Whole School Approach – targeted to reduce health inequalities, engagement with senior leadership and influencing policies

The Service had been developed using local need intelligence and through a co production approach involving youth council, local partnership forums, acute trusts.

The service had a number of interventions including:

- 1:1 support
- Group activity
- Community outreach events e.g. holiday hunger club
- Physical activity events
- Holistic, bespoke, strength based practices for families

The Partnership was provided with a case study that illustrated some of the positive outcomes that had been achieved by using a life style coach, with a young person and her carer.

Details of future service development was provided:

- increased Social Media presence
- Refine service model – Step Up Step Down
- Antenatal offer
- Infant feeding agenda and UNICEF accreditation
- More efficient data systems
- Calendar of community events
- Wider workforce training

Discussion:

- Members noted that before letters, raising issues about a child's weight, were sent to parents , a members of the team would make a phone call. Discussions with parents could lead to a wider multi agency response.

- a whole school approach was undertaken and there were targeted schools in the Borough

- restorative circles were being piloted in schools - when concerns were raised, these could be discussed, in a structured, supportive way, at an early stage.

- the secondary school representative highlighted some work he was undertaking at his school and indicated that he would discuss further with Harrogate Foundation Trust, outside the meeting.

- it was explained that work had been undertaken in schools around school meals. Life style coaches had visited some school canteens and talked to children about food choices.

- The Service planned to undertake work in Children's Homes.

RESOLVED that the presentation be noted and actioned as appropriate.

**CHP
23/18**

Forward Plan

Members agreed amendments to the Partnership's Forward Plan.